







hello, dear priends!

Our theme for 2022 was John 1:5 "The light shines in the darkness and the darkness has not overcome it" (NIV).

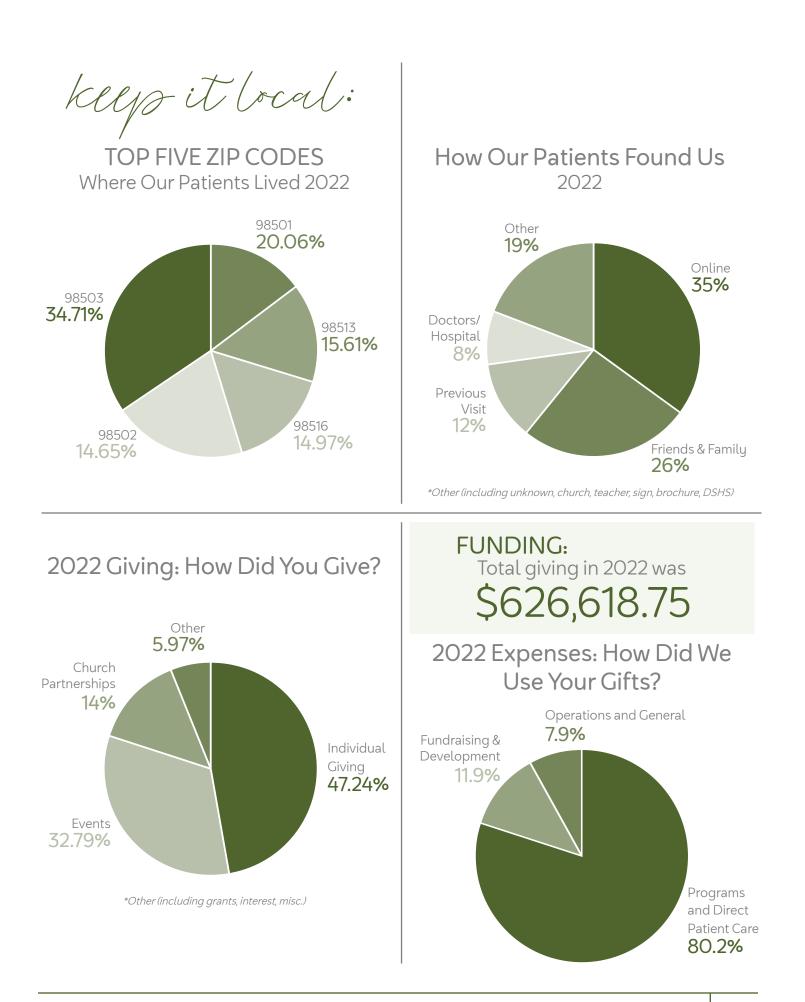
This really spoke to us! The staff and volunteers at Options love living out the calling to shine light into our community. In 2022, we found ourselves continuing to face challenges related to the pandemic. 2022 brought the overturn of Roe v. Wade and made Washington an abortion sanctuary, with Olympia its capital. One impact of the pandemic and the overturn of Roe was a huge uptick in chemical abortions. We saw women who'd taken the first half of the drug cocktail and changed their minds. Thank God we were able to help them get abortion pill reversal!

Our youngest patient was 12 and we saw a lot of young people, but the majority of our patients were between the ages of 30 and 44. We saw men for STI tests and treatment, and we had new dads take our parenting classes alongside the women who were carrying their precious children. Every person God brought to us was loved, and offered the gospel. THIRTEEN people dedicated their lives to Jesus in our office in 2022!

In 2022, 95% of our patients who had sonograms said they were choosing life for their babies. Meeting their babies, seeing the little fingers and toes, watching the hearts that God Himself set to beating, really does make an incredible difference in the choice for life.

Thank you, Friends, for helping us to shine light in the darkness in 2022. This lifesaving work is a group effort! We thank God for you, and we look forward to continuing to make a difference in individual lives and in our community in 2023.

Affectionately, Mary



look what you helped accomplish!

95%

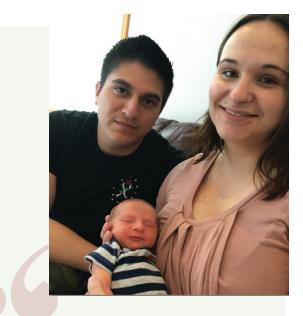
of patients who received an ultrasound stated they were planning to give life to their babies.

We walk through pregnancy and early parenting with our patients.

Patients who accepted Christ with us in the office in 2022

3 Patients who rededicated their lives to Christ with us in the office in 2022





"What started as a surprise became something I would not want to miss." Jethro, Atticus & Anna

1,083 Total Patient Appointments 2022

More than 22,000 Total Patient Appointments since we opened in 1985.

"Such an awesome place and they do so much for the families in our community."

Mercedes, Marquitos & Princeston

Parenting Education:

1,250 classes were taken at Options by our patients in 2022 on topics that included pregnancy, childbirth, postpartum, breastfeeding, infant care, parenting, baby language, toddler safety, child abuse prevention, anger management, sexual integrity, giving God your worst (trusting God), personal financial health, job hunting, family stability inside change, choosing marriage, trauma recovery, and more! "The kind hearts were such a blessing to my family during my pregnancy, especially as a military family with no family or friends nearby."

Emily & Josie



1,250 classes were taken

We also provided CPR certification to 24 individuals

did you know?

- 1 in 4 women will have an abortion by age 45.*
- 4 in 10 women having an abortion were attending church regularly at the time of their abortion decisions.**



"Options gave me my very first ultrasound. It was an amazing experience!"

Braylee Lilo & Catalina

*Guttmatcher ** Care Net



"Options is definitely a blessing to our community."

Killian, Kayla & Rob

Options Pregnancy Clinic Staff, alphabetically:

Carolyn Miller, RN: Nurse Manager Christine McRae, MEd: Education Specialist Cristina Vermeer, BBA: Volunteer Coordinator Janice Uhlmeyer: Bookkeeper Jenna Loss: Development Director Kathlyn Sweet, BBA: Marketing Director Mary Tipps Smith, MBA: Executive Director Robin Thompson: Front Office Supervisor

Options Pregnancy Clinic Board of Directors:

Rita Drohman: Chairman Dr. Al Roser: Vice Chairman Craig Landes, CPA: Treasurer Rob Warner: Secretary Elizabeth Cooper Debbie Bowser

Options Pregnancy Clinic Medical Advisory Board:

Dr. Laurel Dickason, Medical Director Dr. Grant Tibbetts Dr. Al Roser Carolyn Miller, RN

"You've been so encouraging through this surprise pregnancy. We were scared and lost and Options made us feel safe."

Kyson & Mom Leimomi

"I love Options Clinic and how friendly everyone is."

Brianna, Pamela, Betsy, Alondra, Alma & Dulce

Thank you to the following local churches for their partnership in 2022, in alphabetical order

Calvary Chapel of Olympia Calvary Chapel of Olympia Women's Bible Study Calvary Chapel of North Thurston Calvary Chapel of Yelm Christ the Servant Lutheran Church Church of the Living Water City Life Church Cornerstone Community Church Tenino Cowboy Baptist Church Daniel's Prayer Ministry East Olympia Community Church Emmanuel Bible Fellowship **Evergreen Christian Community** Faith Lutheran Church Faith Lutheran School First Baptist Church of Lacey First Baptist Church of Tumwater Grace Bible Church Grace Community Covenant Church Hidden Creek Community Church Hope Community Church Lakeside Worship Center



Littlerock Community Fellowship McKenzie Road Baptist Church Northstar Church of God Olympia Christian Reformed Church Olympia Lacey Church of God Panorama City Chapel Committee Peace Lutheran Brethren Church Peace Lutheran Brethren Church Women's Ministry Real Hope Community Church Sleater Kinney Road Baptist Church Sonrise Church of God South Sound Church of the Nazarene Sunbreak Missionary Baptist Church Temple Baptist Church The Roots Community Church Timberline Baptist Church Trinity Lutheran Church True Grace Church Turning Point Church Westminster Presbyterian Sew Happy Quilters Westwood Baptist Church



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